



Wood County Nutrition and Clothing Assistance Programs



Depend on us.

A Guide for Service Providers

Any information CALL United Way 211 or 800-650-4357 subject to change at any time, please contact agency to verify availability.

FREE MEALS

Fostoria Sharing Kitchen

- 321 Main St. Fostoria 419-436-1667
- Mon, Wed, Fri 9am-11:30am for lunch

First Christian Church- BG

- 875 Haskin Rd. Bowling Green 419-354-3989
- Second Friday of the month from 5-6pm
- Drive-thru dinner + bag of groceries, partnership w/ BGCFP



FREE MEALS

Zoar Lutheran Church, Kitchen of Hope

- 314 E. Indiana Ave. Perrysburg 419-874-4346
- Last Friday of the month from 12:00-1pm, reservations helpful

Islamic Center of Greater Toledo

- Held in Parking Lot of Perrysburg Heights Community Center
- 12282 Jefferson St. Perrysburg 419-487-4277
- 2nd and 4th Saturday of the month at 12:45-1:15pm
- Islamicfoodbank.org

Hosanna Lutheran Church

- 23019 Kellogg Rd. Grand Rapids 419-832-1041
- 4th Tuesday of the month from 5-6pm

First Presbyterian Church

- 177010 Beaver St. Grand Rapids 419-832-2325
- 4th Thursday of the month from 5-6pm

St. Mark's Lutheran Church

- 315 S. College Dr. Bowling Green 419-353-9305
- Wednesdays 5pm
- Meals provided by local restaurants, varies each week

First UMC- Love BG Community Lunches

- 1526 E. Wooster St. Bowling green 419-353-0682
- 3rd Saturday of the month 11:30-1pm

Welcome BG International Fridays

- 3rd Friday of the month 6-7:30pm (BGSU Students)
- Four Corners 130 S. Main St.
- <https://www.welcomebgoh.com>



MOBILE FOOD DISTRIBUTIONS

Mom's Mobile Mission

- Perrysburg Heights Community Center
- 12282 Jefferson St. Perrysburg
- 3rd Thursday of each month 5:30-6:30pm

Islamic Center of Greater Toledo

- Perrysburg Heights Community Center
- 12282 Jefferson St. Perrysburg
- Call for availability 419-487-4277
- Distributed in Parking Lot
- Islamicfoodbank.org

COMMODITY SUPPLEMENTAL FOOD PROGRAM DISTRIBUTIONS

For more information call 419-244-6996 for Seniors 60 and older.

Walbridge VFW 419-666-0367

- 109 N. Main St. Walbridge

Perrysburg Township Police and Fire w/Perrysburg Christians United

- 419-872-8875
- 2nd Thursday each month from 9am- noon at the Township Hall
- 26609 Lime City Rd. Perrysburg.
- Bring proof of need.

First United Methodist Church (Bowling Green) 419-353-0682

- 1st Friday each month from 10-11:30am
- Bring proof of income and photo ID
- Additional help for seniors

North Baltimore Reservoir

- Call 419-244-6996 for information and directions.



SEASONAL ASSISTANCE

Call 211 or 800-650-4357

PET FOOD

The Brown Bag Food Project

- Normally open Mon, Wed, and Fri from 5-6:30pm
- 530 Sand Ridge Rd. Bowling Green 419-960-5345



AREA FOOD PANTRIES

Bowling Green

Bridge Fellowship Church

- 123 East Broadway St., North Baltimore, 419-806-2116
- 1st-14th of the month on Fri 9am- 11am and Tues 6pm- 7:30pm
- Residents of North Baltimore and Elmwood School Districts

BG Christian Food Pantry

- 260 Railroad Ave, Ste 5 • 419-353-5174
- Monday 1-3pm, Wednesday and Friday 10am-12pm
- Starting in July, the pantry is open the 2nd Thursday of each month from 6-7pm.
- You may use the pantry once every 60days.
- Breads and sweets are available everyday we are open.
- Ready to expire/mark down produce is also available on Monday's.

St. Aloysius Food Pantry

- 150 S. Enterprise
- 419-352-4195
- Mon- Fri 10-noon and 1 p.m.-3p.m. (If food is still available.)

St. Thomas More Food Pantry/ one time a month

- 425 Thurstin Ave.
- 419-352-7555
- Tue & Thur 10-noon, Wed 3:30-5pm.
- Individuals are asked to sign that they meet income requirements, but no proof is needed.
- Email: STVDPBG@gmail.com

Brown Bag Food Project / once every 3 months

- 419-960-5345
- 530 Sand Ridge Rd, Bowling Green
- Office open Monday, Wednesday, Friday 5- 6:30pm.
- Call for food pick-up / deliveries for homebound residents, 65+ and disabled (unable to leave without assistance)
- Residents of Wood County.
- Residents may have access every 30 days.



Falcon Food Pantry

- 109 Central Hall, Bowling Green State University, Bowling Green
- Bring BGSU ID card
- Must be a BGSU student, staff, or faculty.
- Contact: foodpantry@bgsu.edu
- Hours and locations: <https://www.bgsu.edu/ffrc/falcon-food-pantry.html>

First United Methodist Church (FUM)

- 1526 E. Wooster , 419-353-0682
- 1st Friday of the month 10 a.m. - 11:30a.m.
- Office staff are willing to distribute food as needed for individuals who visit the church and express need. Church office hours during the summer are 8:30 a.m. until 12:30 p.m. Monday through Friday. During the academic year the church office is open from 8:30 a.m. until 4:30 p.m.
- Qualifications based upon declared income or having just lost a job.
- Proof of income / current ID
- 1 bag per household
- Can only come one time per month.
- Additional **Senior Food Box** (over 60+ years old) – picture ID to register
- Email: church.office@fumcbg.org

Wood County Area Ministries - BG

- 315 S. College Drive
- 419-352-1322
- Mon- Fri 8:30-5pm
- Assist with electrical, utility, and medical prescriptions.
- Combine monies with other agencies to help people pay for electrical, utility, and medical prescriptions.
- Help people obtain birth certificates, Help is capped at \$450 per family per year.
- Have an intake form that requires individuals to list their income, employment, and employee information.
- Email: www.woodcountyareaministries.org Must complete an application 1st for review.



LOW COST MEALS in Wood County

Wood County Senior Center (Wood County Committee on Aging) – Anyone 60+ years old

- 140 S. Grove St.
- 419-353-5661 or 800-367-4935
- Mon – Fri **Lunch at noon** (\$2 suggested donation – no one is denied service due to inability to pay (age 60+) at following sites:
 - Bowling Green – 305 N. Main St.
 - North Baltimore – 514 W. Water St.
 - Walbridge – 705 N. Main St.
 - Perrysburg – 140 W. Indiana Ave.
 - Wayne – 202 E. Main St.
 - Pemberville – 220 Cedar St.
 - Rossford – 400 Dixie Highway
- Tues, Wed, Thurs **Evening meal 5:30pm** (\$4 suggested donation), in the Bowling Green location only. Call 419-353-5661 to make a required reservation, by 2PM of that day.
- **Home Delivered Meals – Anyone 60+ years old & Homebound**
 - All Wood County residents age 60+ and Homebound (unable to leave without assistance)
 - One hot meal to your door – every Monday – Friday (
 - Optional two frozen meals for the weekend (if necessary)
 - \$2 suggested donation per meal
 - Call 419-353-5661 for more information

Wheeled Meals, Inc. Wood County Hospital

- Call, leave a message with name and phone number 419-354-8965
- 36\$ per week, 3 meals a day, delivered.
- Nourishing food for modified diets.

Additional Help in Bowling Green

Clothing - Deacon's Shop – First Presbyterian Church

- 126 S. Church St. FREE CLOTHES 419-352-5176

Prenatal Care, Pregnancy Support, and Parental Care Classes– BG Pregnancy Center

- 531 Ridge Street • 419-354-4673
- Free formula, pregnancy tests, ultrasounds, baby clothes, diapers & sometimes furniture.
- Open on Monday 9:30am- 6:30pm. Tuesday through Friday 9:30 a.m. until 4:30 p.m.
- Call for additional information
- Website: www.bgpc.org



Public Assistance: SNAP (AKA Food Stamps)

- Wood county department of Job and Family Services
- At or below 130% Federal Poverty Level
- Call 844-640-6446 or apply online benefits.ohio.gov

Community Gardens

- *The Common Good /First United Methodist of Bowling Green/ Peace Lutheran Church of Bowling Green or BGSU 419-494-9628*
 - *Peace Lutheran Church 419-352-0241* ○
First United Methodist Church 419-353-0682

Bradner:

God's Storehouse Food Pantry

- Scott Trinity UMC, 6076 Co. Rd. 11 Risingsun, Oh 43457 • 419-601-5293
- Serves Lakota School District, Wayne and West Millgrove residents.
- Monday-Friday, appointment only.
- Offers variety of food, asks that people only take what they need and will use.

Fostoria:

Pantry Plus

- 115 S. Main St. • 419-619-0183
- Fridays 9:30 a.m. until 11:30 a.m., and other times through appointment.
- ID and proof of residency (bill) is required.
- Serves Seneca County and Fostoria zip code.
- Clients can only visit once every 30 days.
- Offer food boxes for seniors monthly, and Thanksgiving and Christmas food boxes for anyone who qualifies.
- Email: stacy@pantry-plus.org

Sharing Kitchen

- 321 N. Main St.
- 419-436-1667
- Mon- Fri. 8:30-4pm.
- Food Pantry and it also provides clothing, shoes, and bedding to individuals in need.



Grand Rapids:

Otsego Food Pantry

- Housed in The First Presbyterian Church, 17700 Beaver St. Grand Rapids, Oh 43522
- 419-830-1051
- Call, text, or email for food pick-up, appointment ONLY.
- Serving anyone who lives in the Otsego School District.
- otsegofoodpantryoh@gmail.com
- Proof of address (recent utility bill, preferred)

New Life Community Wesleyan Church

- 17679 Woodburn Avenue • 419-494-2792
- Food pantry available on an appointment basis.
- No income, residence, or ID requirements
- The church offers a free dessert on Wednesday's at 6:30pm, except holidays.

Hancock County:

Catalyst Church

- 419-953-2363 • 620 Lynn St.
- Bread and baked goods distributed in the lobby from 5:30-7pm

CHOPIN Hall- Mobile Food Pantries

- 419-422-6401
- Mobile food pantries rotate amount churches, businesses and organizations. ID required
- Flyers with dates and locations can be picked up at CHOPIN Hall 1800 Blanchard St.
- Schedule online for food pick up, www.chopinhall.org
- A 5-day emergency supply of food given once a month to residents of Hancock CO that qualify according to income.
- Mon, Wed, Fri 1-3pm.

Christian Clearing House

- 419-422-2222
- 1800 N Blanchard St.
- Must be a resident of Hancock County and provide photo ID.
- www.hcchfindlay.org to see a list of agencies that help.



Good Hope Lutheran Church Food Pantry- Arlington

- Open every other Tuesday 10-noon.
- No ID required
- 419-365-5582

Lutheran Social Services- Choice Pantry

- 419-422-7917
- 1701 Tiffin Ave in St. John Lutheran
- 3-day emergency supply of food once a month?
- Tuesday 11am-2pm
- Must have photo ID

Salvation Army- Food Box

- 419-422-8238
- 301 Center St.
- Mon- Fri 9am- noon; Mon- Thurs 1-3pm
- Must have ID, proof of residency (utility bill etc.)

City Mission- Lunch and Dinner Seven Days a Week

- 419-423-9151 • 510 W Main Cross St.
- Lunch: 11:30-12:30pm
- Dinner: 4:30-5:30pm

Galilean Ministry- Tuesday Night Meal

- 419-422-3019 Findlay First Assembly of God
- 124 Ash Ave A sit-down meal is served the last Tuesday Night of each month from 4-5:30pm

First Lutheran Church

- FREE community lunch served 1st Sunday of the Month 11:30am-1pm
- 109 Lincoln St.
- 419-422-2638

First Presbyterian Church Mobile Food Pantry

- Food distribution begins at 8:30am until food runs out
- 2330 S. Main St.
- 419-423-2112 call for information on dates
- FREE community lunch served 2nd Sunday of each month 11:30- 1pm.

St. Andrews United Methodist Church

- FREE community lunch served 3rd Sunday of the Month 11am-1pm
- 120 W. Sandusky St.
- 419-422-4845



St. Paul’s United Methodist Church

- 4th Sunday of the Month 11:30-1pm
- 218 E. Sandusky St.
- 419-422-4131

Howard United Methodist Church

- FREE community lunch served 5th Sunday of the Month noon-1:30pm
- 220 Cherry St.
- 41-422-8412

Additional resources in Hancock County

Help Me Grow

- 419-423-8687
- 7748 Co Rd 140
- Distribution of baby formula based on availability. No ID or appointment required

Women Infants and Children (WIC)

- 419-424-0720
- 1800 N Blanchard St.
- Must live in Hancock County and be pregnant, nursing post-partum or have a child age five or under. Must have photo ID, proof of address and income verification to receive formula and baby food. By appointment only.

Women’s Resource Center

- 419-424-9948
- 1011 N. Main St.
- Distribution of diapers and wipes based on availability.
- ID and appointment required

Liberty Center:

Pathstone

- 2453 County Road V
- 419-875-6795
- Mon- Fri 8am- 5pm
- Provides a variety of services to migrant workers and their families ranging from lodging to job training and youth prevention programs.
- Food and hygiene assistance are mainly limited to individuals lodging at the facility



Henry County:

Apostolic Christian Church:

- 419-592-9339
- Every First and Third Tuesday Monthly
- 10- 11am

Bountiful Blessings Food Pantry

- 419-533-2881
- 3rd Monday of the month
- 9-10:30am and 6-7:30pm

Bread from Heaven

- 419-598-8961
- 4th Monday of the month
- 5:30-6:30pm

Christ United Methodist Church

- 419-592-8988
- 4th Thursday of the month
- 5:30pm

Damascus Food Pantry

- 419-748-8667
- Call for appointment

Deshler/Hamler Food pantry

- 316-323-5304
- 1st Wednesday of the month
- 10-noon, 6-7pm

Emanuel Lutheran Church- Napoleon

- Free meal
- 419-592-2616
- Every Wednesday
- 5-6pm

Frist Fruits

- 419-592-3535
- 2nd Saturday of the month
- 10-noon



Heavenly Angels Food Pantry

- 419-599-1896
- 2nd Saturday of the month
- 10-noon

Henry county FISH (vouchers)

- 419-906-4459
- Call for appointments

Immanuel Lutheran Church- Deshler

- Free meal
- 419-278-1601
- 4th Wednesday of the month 5-6:30pm
- Jan.- Oct. months only

Liberty Center UM Church

- 419-533-4841
- 1st Wednesday after the 1st Tuesday of the month
- 8-9:30am

MVGC- Veteran's Program

- 419-785-3825
- Call for appointment

Presbyterian Church- Napoleon

- Free meal
- 419-592-7736
- 2nd Tuesday of the month
- 5-6pm

SHALOM Food Pantry

- 419-264-4401
- 1st and 3rd Tuesday of the month
- 4:30-6pm

St. John's Episcopal Church

- Free meal
- 419-906-7065
- 1st and 4th Tuesday of the month
- 5pm



St. Paul Lutheran Church

- 419-758-3522
- Every Tuesday
- 9-noon

St. Peter's Church- Holgate

- 419-264-2811
- 2nd and 4th Wednesday
- 6-7pm

St. Stephen Lutheran Church- Hamler

- Free meal
- 419-274-2611
- Call

St. Vincent de Paul of Henry County

- 419-592-0438
- 1st 2 Tuesdays of the month 1-3pm, 7-8pm
- 3rd Tuesday of the month 7-8pm

St. Vincent de Paul of Holgate

- 419-264-3321
- Call for appointment

Trinity Lutheran Church of Malinta

- 419-256-7068
- Last Wednesday of the month Food Pantry
- 2-6:30pm
- Last Wednesday of the month Free meal
- 5-6:30pm

Veteran's Service Commission (vouchers)

- 419-592-0956
- Monday thru Friday
- 8:30am- 4:00pm

Zion Lutheran Church

- 419-267-3429
- 4th Monday of the month
- 6:30-7pm



Perrysburg:

Perrysburg Christians United (food distribution center located in the back of Grace United Methodist Church)

- 601 E. Boundary • 419-874-4365
- Mon 1 p.m. until 3p.m, Fri 9 a.m. until 11a.m.
- Serves only residents living in Wood County north of State Road 582
- Two items with name and proof of Wood County residency.
- Offer up to \$300 in utility and medical assistance to individuals who call the number on the first day of each month.

Islamic Center of Greater Toledo

- 25877 Scheider Road • 419-874-3509
- Provides vouchers to individuals in need.
- Vouchers can be redeemed at the Toledo Food Bank.
- Distributes meals during Ramadan.
- No restrictions
- Email: a.shaheen@icgt.org

Kitchen of Hope

- 314 E. Indiana Avenue
- Zoar Lutheran Church
- One Friday of the month 12:00 p.m. - 1:00 p.m. Call for dates.
- Primarily Wood County residents, but anyone is welcome.
- 419-874-4346

Owens Harvest Pantry

Owens Community College Only

Mom's Mobile Mission

419-277-3618

Zoar Lutheran Church – Feed Our Families

- 314 E. Indiana Ave.
- 419-874-4346
- Summer Program for children and families in Perrysburg school district
- Must be on free or reduced lunch/breakfast programs at schools
- Every Friday– noon
- Each family receives weeks' worth of breakfast/lunch groceries
- Call to register
- Picture ID



Blessed John XXIII/ must live in Perrysburg

- Phone: [\(419\) 874-6502](tel:4198746502), call for appointment
- 24250 Dixie Highway, Perrysburg, OH 43551
- Provides rent and utilities assistance to individuals in need.
- Aid is temporary
- Photo ID is required.
- Proof of income is required.

St. Timothy Episcopal Church

- 419.874.5704
- 871 E Boundary ST
- Perrysburg, OH 43551
- Free clothes Monday 1-3pm and Friday 9-11am.
- No restrictions
- Provides school supplies for individuals at clothing pass out.
- Email: office@saint-timothy.net

Pemberville:

Priceless Pancakes

- First United Presbyterian Church
- 220 Cedar Street, PO Box 344
- Phone: 419-287-4182
- Pancakes are served on the last Saturday of every month from 8 a.m. until 11 a.m. Donations accepted but NOT required.

Portage:

Christ United Methodist Church

- 301 West Main Street, P.O. Box 218
- Church Office: 419-686-2621
- 2nd and 4th Saturday 10 a.m. -11 a.m.



Rossford:

All Saints Catholic Church

- 628 Lime City Road
- (419) 666-1393
- Provides food for needy families, temporary assistance with utility bills, prescription drug payments, and assistance with transportation expenses (depending on situation); funding is limited.
- Can't come for food assistance more than once every four weeks.
- The level of church funding determines the amount of utility assistance available for individuals in need. Utility assistance is available for individuals once every six months.
- Call for details; no walk-ins
- Based on need, availability of funding, live in parish boundaries - Rossford and western part of Northwood
- Picture ID, Social Security cards for everyone in the household, proof of address, proof of income
- **Services:** Electric Service Payment Assistance, Food Pantries, Gas Service Payment Assistance, Heating Fuel Payment Assistance, Prescription Expense Assistance, Transportation Expense Assistance, Water Service Payment Assistance
- The congregation maintains a community garden and the produce is donated to the food pantry.

Stoney Ridge:

St. John's Lutheran Church – Wood county residents only

- 5520 Fremont Pike • 419-837-5115
- Food pantry: 1st Saturday of each month 10-noon. 3rd Saturday of each month. Call for appointment.
- Clients must make appointments. Photo ID and a driver's license is needed.
- Provides some hygiene items with the food.
- Email: officeadmin@stjohnsstoneyridge.net

Toledo:

Helping Hands of Saint Louis –

- 443 6th St, Toledo, OH 43605
- (419) 691-0613
- The services are available for clients living in East Toledo and surrounding areas east of the Maumee River in the following zipcodes: 43402, 43412, 4316, 43430, 43434, 43447, 43460, 43463, 43465, 43551, 43605, 43616, 43618, 43619.
- The food pantry is open on Tuesdays and Thursdays from 9:30 to 11:30 a.m. and is located in the former school, to the left of the former church. This service is available once every 30 days per household address. Government commodities are food items provided by the food bank. The food is available on the first Wednesday of the month from 9 to 11 a.m. in the center's basement.



Toledo (But serves Wood County):

Area Office on Aging of Northwestern Ohio, Inc.

- 2155 Arlington Avenue, Toledo, OH 43609.
- 419-382-0624, or 800-472-7277
- Provides vouchers to senior citizens for nutritional restaurant-based meals and includes socialization, nutrition and health information.
- Age 60 and older; spouses can participate regardless of age; priority is given to participants who are low income, disabled, isolated, minority and at nutritional risk; applicants cannot be utilizing other meal programs such as Meals on Wheels, PASSPORT; must be able to fill out an application and redeem certificates independently.
- Call for eligibility restrictions.
- Website: www.areaofficeonaging.com/

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